

About Katherine Lim Quan, M.D.

Dr. Lim Quan grew up in the Chicago area. She attended Northwestern University for her undergraduate and medical degree. After internship in internal medicine at Rush-Presbyterian-St. Luke’s Medical, she went to Mayo Clinic Rochester for dermatology residency as well as Mohs and dermatologic surgery fellowship.

She worked at Mayo Clinic and became Assistant Professor. She served on faculty for 12 years, including chair of the Division of Dermatologic Surgery for 5 years.

Dr. Lim Quan is married to Derek Quan, who is a Pastor. They are blessed with three precious children who bring joy to their lives.

About Jill McKenzie, M.D.

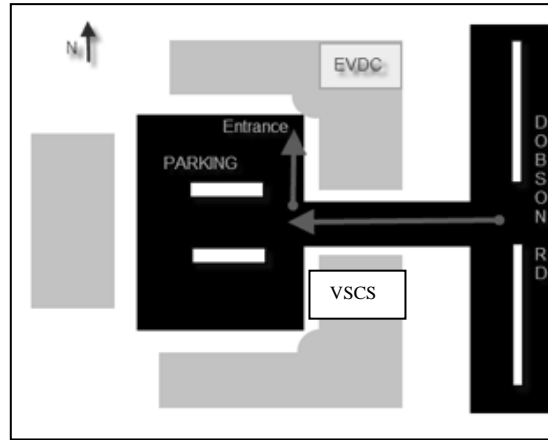
Dr. McKenzie graduated Magnum Cum Laude from the Honors Program at Washington State University. She then attended the University of Washington (UW) School of Medicine, and graduated with honors. She completed a dermatology residency at the UW and served as chief resident. She stayed at the UW for fellowship training in Mohs micrographic surgery.

Outside of work, Dr. McKenzie values spending time with her husband and children (Maida and Jonah). She also enjoys her church community, skiing, biking, watching sports and reading.

About Jenna Wald, M.D.

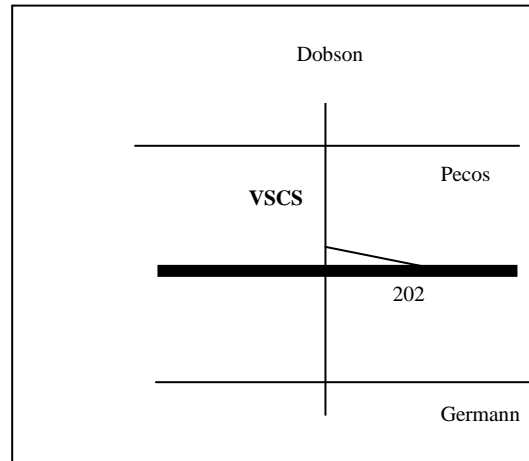
Dr. Wald went to Albert Einstein College of Medicine for her dermatology residency. She was awarded a fellowship in Mohs microscopic surgery and dermatological oncology at St. Vincent Hospitals.

Although Dr. Wald has trained and lived in several places, she has chosen Arizona as her permanent residence. She enjoys staying active through HIIT classes, yoga, and hiking. She relaxes through reading and time spent with family.



Our Location:

The **PRESIDIO** (north building, 2nd floor)
1100 South Dobson Road, #223
Chandler, AZ 85286
Phone: (480) 214-0388
Fax: (480) 821-0888



MOHS Micrographic Surgery

An Information Pamphlet for
Patients
of



VSCS
Valley Skin Cancer
Surgery

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What is Mohs Micrographic Surgery?

Named after Dr. Frederic Mohs, the surgeon who developed the technique, Mohs micrographic surgery is a highly effective and specialized treatment procedure for skin cancer. It provides a very high cure rate while removing as little skin as possible.

The procedure begins with injecting the skin with a local anesthetic. The surgeon then removes the visible cancerous skin leaving the surrounding healthy tissue intact and unharmed. The skin sample is then processed and examined under a microscope to ensure all of the cancer has been excised. If necessary this process is repeated until all the cancer has been removed. Mohs surgery is performed in an outpatient surgical suite and you may return home the same day. The VSCS website has a video link on Mohs surgery for more information.

How Effective is Mohs Surgery?

Mohs surgery has the highest success rate of all treatments for skin cancer – up to 99 percent. It is the best treatment for cancers of the face and other sensitive areas because it relies on the accuracy of a microscopic surgical procedure to trace the edges of the cancer and ensure complete removal of all tumors down to the roots during the initial surgery.

Will I have a Scar?

Yes. All skin cancer surgical treatments will leave a scar. However, because Mohs surgery removes as little normal tissue as possible, scarring can be minimized. The scar will depend on the size and depth of the skin cancer and the type of repair needed.

The Day of Surgery:

You are scheduled for an appointment at Valley Skin Cancer Surgery located at 1100 S. Dobson Road, Ste. 223. Please check in at the front desk jointly used for both *East Valley Dermatology Center* and for *Valley Skin Cancer Surgery*. After check-in, you will be escorted to the VSCS outpatient surgical suite. Please arrive on time for your scheduled appointment to avoid delays.

Mohs Procedure Instructions

Preparing for surgery

- Continue prescribed medications.
- Stop taking 7-14 days before surgery only if not prescribed:
 - Alcoholic beverages (i.e. wine, beer, liquors increase bleeding)
 - Aspirin (stop only if taking for prevention, continue if prescribed, taking for heart disease or strokes)
 - Vitamin E (including multi-vitamins, protein shakes /bars, fortified foods, check labels)
 - NSAIDS (non-steroidal anti-inflammatory medications such as ibuprofen, naproxen)
 - Herbal medications (i.e. garlic)
 - Fish oil
- Stop tobacco use for 2 weeks before and after surgery as nicotine affects wound healing and cosmetic outcome.
- Tylenol (acetaminophen) can be taken as needed for headaches or pain as it does not prolong bleeding.
- You may be asked to refrain from activities such as bending, lifting, golf, swimming, tennis, or other activities for 1-4 weeks after the procedure.

- Please bring updated list of medications/medical problems
- Mohs surgery is performed in stages so the process can take many hours (all day). Please do not schedule any other appointments on the day of procedure to avoid scheduling conflicts. You can bring food as desired.
- It is helpful to have someone accompany you.

Appointment Cancellations

Please call the office if there is need to cancel/reschedule Mohs surgery by calling (480)214-0388. We request a 48 hour advance cancellation notice to accommodate the needs of all our patients. An administrative fee will be charged after two missed surgeries without a prior courtesy cancellation call.